

# February yoga – all locations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <small>* Asterisk denotes offerings not open to CCS consumers</small>	2 <b>8-week series run each weekday through March 14</b>	3	4	5	6	7 <b>*Aerial Yoga for Bigger Bodies</b> with Valerie, 10-11 a.m., East
8	9	10	11	12	13	14 <b>* Partner Yoga</b> with Jessi, 5-6 p.m., East
15	16 <b>Yoga for Bigger Bodies</b> with Valerie, 5:30-6:30 p.m., Verona	17	18	19	20	21 <b>*Silent Day Retreat</b> with Angela and Jeanne, 9 a.m.-4 p.m., VERONA
22 <b>*Aerial Yoga Foundations</b> with Jeanne, 10-11 a.m., East  <b>*Aerial Sound Bath</b> with Angela, 4:30-5:30 p.m. East (note new time!)	23	24	25	26	27	28