

February yoga – all locations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>* Asterisk denotes offerings not open to CCS consumers</i>	2 8-week series run each weekday through March 14	3	4	5	6	7 *Aerial Yoga for Bigger Bodies with Valerie, 10-11 a.m., East
8	9	10	11	12	13 * Partner Yoga with Jessi, 5-6 p.m., East	14
15	16 Yoga for Bigger Bodies with Valerie, 5:30-6:30 p.m., Verona	17	18	19	20	21 *Silent Day Retreat with Angela and Jeanne, 9 a.m.-4 p.m., VERONA
22 *Aerial Yoga Foundations with Jeanne, 10-11 a.m., East *Aerial Sound Bath with Angela, 4:30-5:30 p.m. East (note new time!)	23	24	25	26	27	28