

# November – all locations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 NO REGULAR CLASSES THIS WEEK  *Aerial Sound Bath, 6-7 p.m., East	25 NO REGULAR CLASSES THIS WEEK	26 NO REGULAR CLASSES THIS WEEK	27 NO REGULAR CLASSES THIS WEEK	28 THANKSGIVING – CLINIC/STUDIOS CLOSED TODAY	29 CLINIC/STUDIOS CLOSED TODAY	30 *New Moon Mini-Retreat with Rachel, 1-3 p.m., East

# December – all locations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>* Asterisk denotes offerings not open to CCS consumers</i>	2 REGULAR WEEK OF FALL 2 SERIES	3	4	5	6 Embrace Winter with Mary, 7-8 p.m., East	7 *Aerial Yin with Valerie, 1-3 p.m., East
8	9 LAST WEEK OF FALL 2 SERIES	10	11	12	13	14
15 *Aerial Sound Bath, 6-7 p.m., East	16 MAKEUP WEEK FOR FALL 2 SERIES	17	18	19	20	21
22 NO REGULAR CLASSES THIS WEEK	23	24	25 CHRISTMAS DAY CLINIC/STUDIOS CLOSED TODAY	26	27	28
29 NO REGULAR CLASSES THIS WEEK	30	31	Jan 1 NEW YEAR'S DAY CLINIC CLOSED  Chakra-Balancing Flow with Jeanne, 5-6:15 p.m., East	Jan 2	Jan 3	Jan 4  *Aerial Yoga single class with Jeanne, 5:30-6:30 p.m., East