

# December – all locations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>* Asterisk denotes offerings not open to CCS consumers</i>	2 <b>REGULAR WEEK OF FALL 2 SERIES</b>	3	4	5	6 <b>Embrace Winter</b> with Mary, 7-8 p.m., East	7 <b>*Aerial Yin</b> with Valerie, 1-3 p.m., East
8	9 <b>LAST WEEK OF FALL 2 SERIES</b>	10	11	12	13	14
15 <b>*Aerial Sound Bath</b> , 6-7 p.m., East	16 <b>MAKEUP WEEK FOR FALL 2 SERIES – CHECK EMAIL FOR UPDATES</b>	17	18	19	20	21
22 <b>NO REGULAR CLASSES THIS WEEK</b>	23	24	25 <b>CHRISTMAS DAY CLINIC/STUDIOS CLOSED TODAY</b>	26	27	28
29 <b>NO REGULAR CLASSES THIS WEEK</b>	30	31	Jan 1 <b>NEW YEAR'S DAY CLINIC CLOSED TODAY</b>  <b>Chakra-Balancing Flow</b> with Jeanne, 5-6:15 p.m., East	Jan 2	Jan 3 <b>*Aerial Yoga single class</b> with Jeanne, 5:30-6:30 p.m., East	Jan 4